

Postoperative Care Instructions for Perineal Urethrostomy

Your pet has had a procedure with North Peninsula Veterinary Surgical Group called a Perineal Urethrostomy. This surgery involves the removal of the distal urethra and anastomosis to the outside skin. It is important to allow your pet time to heal, avoiding licking or scratching to the area while they recover. Please keep this in mind and strictly follow the postoperative care instructions here. As a reminder, all pets **must** wear an e-collar for **at least** 14 days following their procedure.

Activity

- Plan to keep your pet inside during recovery for the next 14 days.
- Make sure you've set up their litter box so that you're able to monitor their urine output.

Incision Site

- All pets must wear an e-collar at all times for at least 14 days following their procedure to avoid mutilation of the surgical site. If this does occur, additional surgery may be required and this often leads to less effective results.

Medications

- Make sure you have a plan to give all medications as directed, including reminders where necessary. Call us if you believe your pet may be having a poor reaction to any of their medications.
- Possible side effects of the antibiotics we prescribe include diarrhea, vomiting and low appetite. Please call us if you notice any of these.

Food & Water

- Your pet should have access to water at all times and can be fed their regular food.
- Avoid overfeeding as this can lead to diarrhea and vomiting. If your pet does vomit, let us know immediately.
- We suggest opting for several smaller meals throughout the day instead of one or two larger meals. This will be true for the rest of the pet's life.
- Continue with their regular food until their follow up with your family veterinarian who will go over any dietary changes required based on the stone analysis.

Recovery Trajectory

- It's important to keep in mind that a perineal urethrostomy will not prevent the future formation of crystals and stones. It enlarges the opening they pass through, but large stones can still cause urethral obstruction. We recommend getting your pet regular urinalysis tests at your usual veterinary office, starting one month after the procedure.





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Follow-up Appointment

- We will schedule a follow-up appointment 2 weeks after the procedure to assess the surgery site.

We're here to help throughout your pet's recovery, please do not hesitate to call us with any questions or concerns.

