

Postoperative Care Instructions for General Perineal Care

Your pet has had a procedure with North Peninsula Veterinary Surgical Group involving perineal surgery. This includes episiotomy, anal saccullectomy, rectal polyp, perinealurethrostomy, perineal hernia, scrotal ablation and tail amputation. It is important to allow your pet time to heal, avoiding possible injury while they recover. Please keep this in mind and strictly follow the postoperative care instructions here. As a reminder, all pets must wear an e-collar for at least 14 days following their procedure.

Activity

- Pets may be allowed free movements around the house as long as they are supervised. For cats, make sure you keep them indoors in a small room for their recovery.
- For times when you cannot supervise them, we recommend using a crate or small room to avoid dangerous behaviors or reactions.
- It's okay to allow jumping onto/off of furniture and free access to stairs.
- They may be outside when supervised, but no off-leash exercise is allowed (including playing with other pets).
- Aim to take them on 2-4 slow walks each day for 35-45 minutes as your schedule permits. This will encourage regular bowel movements. The e-collar can come off for these walks as well.

Perineal Care

- We recommend wiping your pet's perineal area with aloe baby wipes 2-4 times per day. Gently wipe down and away from the anus to remove debris, feces or secretions. As this is very important during recovery, please let us know immediately if you are struggling with this task or are concerned by what you're seeing there.
- All pets must wear an e-collar at all times (except during a walk) for at least 14 days following their procedure to avoid mutilation of the surgical site. If this does occur, additional surgery may be required.

Medications

- Make sure you have a plan to give all medications as directed, including reminders where necessary. Call us if you believe your pet may be having a poor reaction to any of their medications.
- Antibiotics for 5-14 days postop.
- NSAIDs for 2-5 days postop to relieve soreness during recovery.
- Tramadol to manage moderate to severe pain for 2-5 days postop, as needed.
- Gabapentin to manage pain postop, as needed.
- Stool softeners as needed.
- Acepromazine/Trazadone to sedate your pet for recovery, as needed.



Food & Water

- Your pet should have access to water at all times and can be fed their regular food. We do often suggest cutting the amount they're fed by 20% during recovery.
- If adding fiber to the diet, we recommend 1 tablespoon of canned pumpkin (not pumpkin pie filling) per 20 pounds of body weight.

Recovery Trajectory

- You can generally expect your pet to have a very steady recovery. With anything other than a very minor setback (failure to improve from one day to the next) please contact us immediately.
- Straining while toileting or blood in the urine and stool may be present for a week following the procedure.
- Watch for problems with wound drainage, discharge or complications. If any of these occur, contact us immediately.

Follow-up Appointment

- We will schedule a follow-up appointment 2 weeks after the procedure to assess the surgical site.

We're here to help throughout your pet's recovery, please do not hesitate to call us with any questions or concerns.

